

Fine Tune Your Parenting Skills With

STEPS TO EFFECTIVE PARENTING

For Parents of teens... ages 11 - 17

**COMMUNICATE
BETTER WITH
YOUR TEEN**

**RAISING
SOCIALY
RESPONSIBLE
TEENS**

STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Due to high demand we are offering two sessions at this time.

Place: Gleneagle Secondary School

Time: 7p.m. - 9p.m.

Dates: Tues. April 9th, 16th, 23rd, 30th, May 7th, 14th, 21st, 28th, 2013

Facilitated by: Cheryl Perry Itinerant Youth Worker

To register: E-mail: cperry@sd43.bc.ca [preferred]

Phone: 604-992-0359

Place: Gleneagle Secondary School

Time: 7p.m. - 9p.m.

Dates: Thurs. April 11th, 18th, 25th, May 2nd, 9th, 16th, 23rd, 30th, 2013

Facilitated by: Marilyn Abram Itinerant Youth Worker

To register: E-mail: mabram@sd43.bc.ca [preferred]

Phone: 604-230-1563

Register early as classes fill quickly!

The only cost is \$20.00 for the parent workbook!